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Ministry of Health & Family Welfare  
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Asian Harmonization Working Party  
WORKING TOWARDS MEDICAL DEVICE HARMONIZATION IN ASIA



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# Post Market Considerations for Digital Healthcare

## Prevention strategies for Medical Device Manufacturer

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# Introduction

John Ramesh, Managing Director & Regional Business Field Manager – ICT & Business Solutions, TUV Rheinland. More than two decades of experience in strategies for Digital Solutions and Cyber Security. With a Post Graduate in Information Systems from India, he's a dynamic leader with very strong expertise in Cyber Security Domain be it Technical, functional or management.



He has hands on experience in the area of Cyber Security for Medical Devices. Further, he's a Technical Committee Member with iHIS Singapore in writing Technical Reference (TR) for Medical Device Security.





WHY ARE WE STILL HERE  
JUST TO SUFFER?

# Why is FDA concerned about Cybersecurity?

## Drivers

Rising market for customer private data

Rising inter-connectivity of medical devices with other devices

Increasing regulatory focus on private data due to rising citizen concern

## Impact

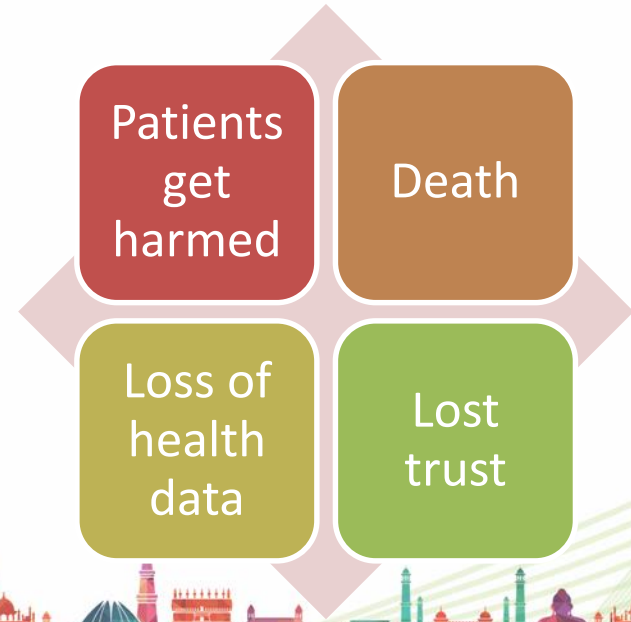
There is increasing demand for personal data of anyone / everyone connected to internet.

In order to get access to data, interconnected devices are being used as conduits to other devices in periphery

Regulators forced to cover all devices (that have potential to store, process customer data) under regulations (aka “fines if not compliant”)

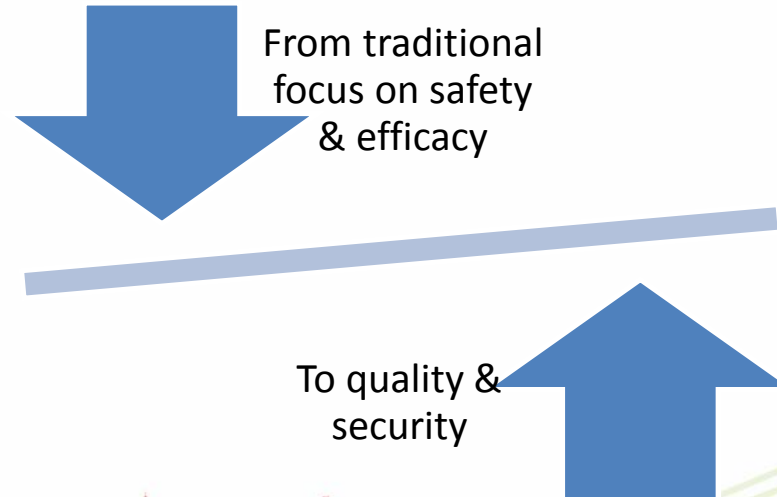
# Why is FDA concerned about Cybersecurity?

- If a medical device gets hacked into...



# FDA has also shifted the way it thinks about cybersecurity

- To reflect the changes in the way industry and customer demands are shaping up ...





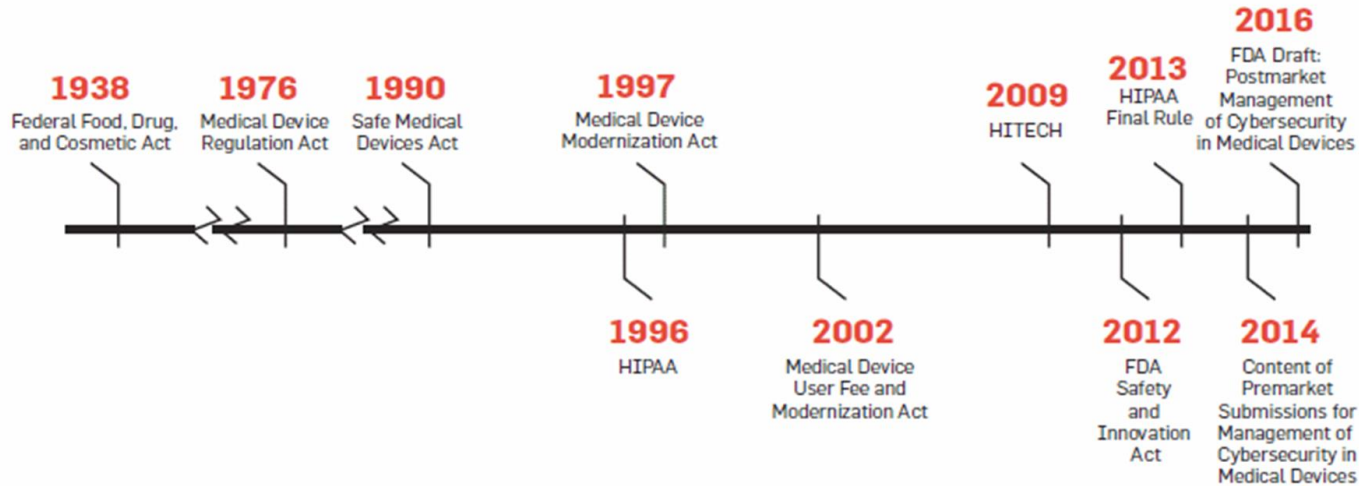
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# But Rome wasn't built in a day ...





# So what does FDA asks MDM's, post-market?

1. Implement comprehensive cybersecurity risk management programs and documentation consistent with
  - Quality System Regulation (21 CFR Code of Federal Regulations part 820)
  - Complaint handling (21 CFR 820.198)
  - Quality Audit (21 CFR 820.22)
  - Corrective and Preventive action (21 CFR 820.100)
  - Software validation and risk analysis (21 CFR 820.30(g))
  - Servicing (21 CFR 820.200)
2. Guidelines (to create an effective post-market cybersecurity program) consistent with NIST (National Institute of Standards & Technology, USA) framework for Improving Critical Infrastructure Cybersecurity (Identify, Protect, Detect, Respond, and Recover)



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What exactly should we do?



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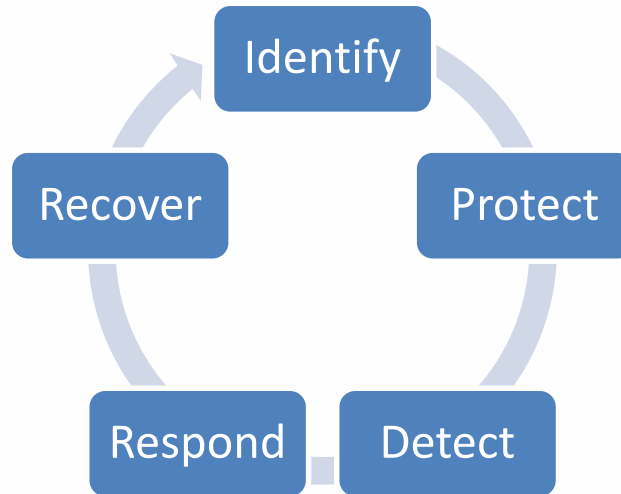


# But what exactly should we do?

1. Monitor (cybersecurity information sources for identification of vulnerabilities & risks related to your medical device / components in them)
2. Establish & maintain Secure SDLC, that include (among other things)
  - Mechanisms to satisfy the first point above throughout the device's lifecycle (inception to sunset)
  - Design verification and validation for software updates and patches that are used to mitigate vulnerabilities, including off-the-shelf software components (if used in your product)
  - Use threat modeling to define how to maintain safety and essential performance of the device when a cybersecurity risk materializes
3. Understanding, assessing and detecting presence and impact of a vulnerability;
4. Establishing and communicating processes for vulnerability intake and handling



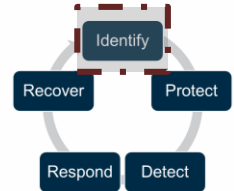
# Create a cybersecurity program in your company that addresses the below elements





# 1. Maintaining safety and essential performance

- Define the safety and essential performance of your medical device if compromised
- Use threat modeling as part of your risk assessment process



# 2. Identification of Cybersecurity Signals

- Establish a vulnerability disclosure policy / procedure (refer ISO/IEC 29147:2014 & ISO/IEC 30111:2013)
- Incidents involving your medical device
- Bug bounties?

## 1. Vulnerability Characterization and Assessment

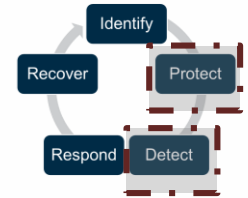
- Can it be exploited remotely or does it need physical access to device?
- How complicated is this attack? What all does it need to succeed?
- Does the attack need higher privilege to succeed?
- Does it need any action from the user to trigger?
- Is any exploit code present? Does it work?

## 2. Risk Analysis and Threat Modeling

- A procedure for optimizing Network/Application/Internet Security by identifying objectives and vulnerabilities, and then defining countermeasures to prevent, or mitigate the effects of, threats to the system

## 3. Analyze threat sources

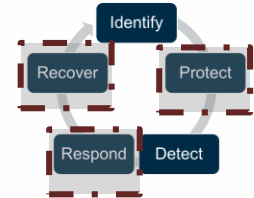
- 4. Incorporate threat detection capability in the medical device (e.g., Microsoft software improvement program)
- 5. Impact assessment of all devices in a manufacturer's portfolio





# 1. Compensating controls' assessment (Detect / Respond)

- ❑ Build controls inside devices so that they can not only detect threats but can also respond to them (response may also include a note to users that something is wrong with the system and that they should contact the manufacturer)



# 2. Risk Mitigation of Safety and essential performance

- ❑ No threat should be able to compromise the safety and performance of the medical device (it hurts the trust that the user has on the device)



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The sooner you invest in securing your device from ground up (i.e., from requirements) systematically, the more money you can save, not to mention compliance and market differentiation



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# Questions?

