

# Digital Technologies: Using AR/VR/XR

Joy M. Sacmar

Vice-President, Regulatory Affairs Digital Surgery

February 13, 2023

# Agenda

- Intro
- What is AR/VR/MR-XR?
- How is it used, e.g., Physician Training
- Technological & Regulatory Considerations
- Q&A

# Did you know the first virtual reality headset was created over 50 years ago?



# What is VR, AR, MR/XR

## Virtual Reality (VR)

Completely digital environment.  
Fully enclosed, synthetic experience  
with no sense of the real world.



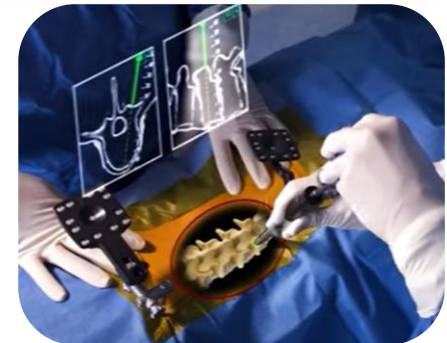
## Augmented Reality (AR)

Real world with digital information  
overlay. Real world remains central  
to the experience, enhanced by  
virtual details.



## Mixed Reality (MR)

Real and virtual components interact  
with each other. The virtual content is  
altered based on changes in the  
physical environment.



# Relevant To Multiple Display Technologies

Virtual Reality (VR)

Augmented Reality (AR)

Mixed Reality (MR)



Headset

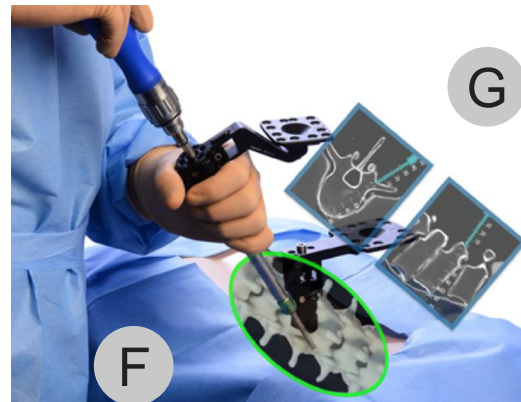
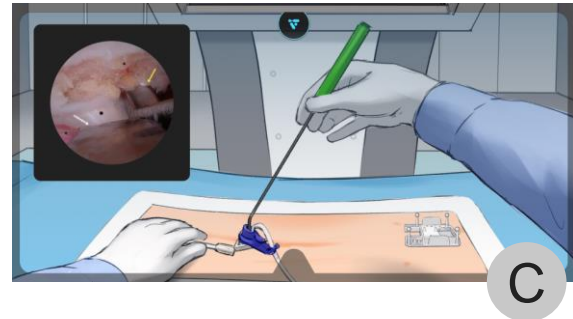
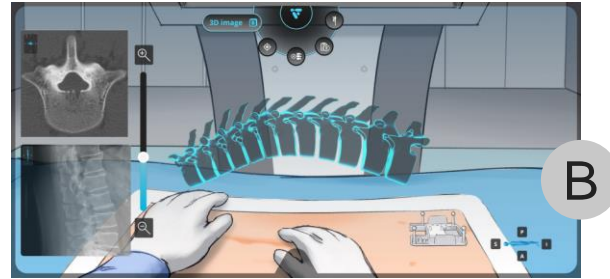
Fixed Viewer

Screen: Monitor / Tablet / Phone





# VR/AR/MR Use Cases



**A.** Pre-operative display of surgical plan / simulation in 2D/3D

**B.** Intra-operative display of surgical plan in 2D/3D

**C.** Intra-op display and management of real time 2D/3D video and data suspended over patient

**D.** Broadcasting of surgeon FOV for remote collaboration

**E.** Immersive, magnified view of virtual data (e.g., 3D model) overlaid onto live MIS surgical video and viewed in VR/XR

**F.** Intra-op overlay of virtual data (e.g., 3D model) anchored to patient anatomy

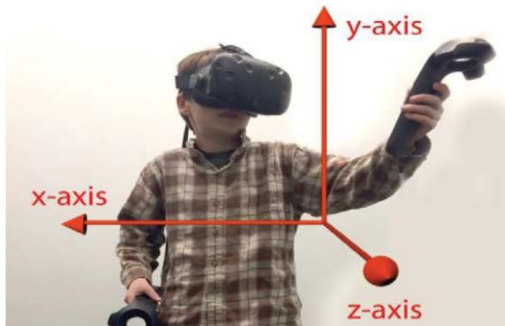
**G.** Intra-op navigation of instruments vs plan

# Importance of Application / Intended Use

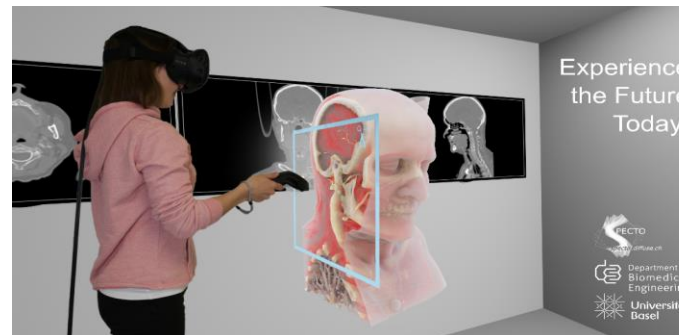
## Training



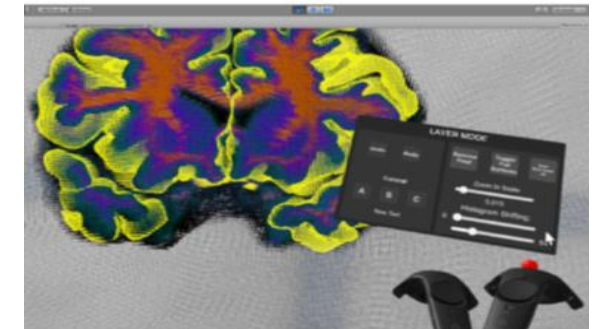
## Pain Management



## Visualization



## Diagnostics



# Challenging for Regulatory Science?

Variety of  
Indications for  
Use

Diagnostics

Surgery

Mental Health

Rehab, Pain

Technology is in  
early stages and  
continually  
developing

VR

AR

Innovative optics and  
photonics

Mobile and computing  
integration

Growing use in  
multiple industries

Sponsors often  
use off-the-shelf  
consumer-grade  
headsets and  
sensors

Different limitations  
for different devices  
and indications

Sponsors may not  
have access to all  
specifications

Lack of  
characterization  
and evaluation  
methods and  
consensus

Gaps in relevant  
standards and  
guidance

Small digital  
companies without  
characterization  
expertise

Significant  
technological  
difference from  
predicates

Image quality

Human factors

Training



# Additional Considerations

- Technical Characterization
  - Luminance, contrast, temporal and spatial resolution, field of view, dynamic range, refresh rate, latency, transmission, and optical aberrations like distortion
- Accuracy of Info
- Control Mechanism
- Quantitative System Validation (Cadaver)
- Human Factors / Usability
- Step-by-step screen shots
- Clinical Data / Endpoints

**Thank You**