

The Rise of Digital Health Innovation and what it means for the Regulators?

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The Singapore Public Service



Vision To be the LEADING INNOVATIVE AUTHORITY protecting and advancing NATIONAL HEALTH and SAFETY

Mission • To wise

- To wisely regulate health products
- To **Serve** the administration of justice
- To **Secure** the nation's blood supply
- To **safeguard** public health



Corporate Headquarters • Health Products Regulation Group • Blood Services Group • Applied Sciences Group

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Organisation Structure



WHSA Regulatory Scope – Diverse Range of Products





Outline

- Singapore MD Regulatory Framework
- Telehealth Guideline
- MD Cybersecurity Requirements
- MD with Artificial Intelligence (AI)/ Machine Learning (ML)
- Software Life Cycle Guidance
- Other Initiatives
- Challenges & Considerations



Singapore's Demographic

Imported Medical Devices

For Singapore, majority of medical devices are imported:

- ~ 3000 importers & wholesalers
- ~ 200 local manufacturers



Innovative R&D Ecosystem

Singapore's network of top universities, research institutions and innovative startups enable MedTech companies to tap on a vibrant open innovation ecosystem.

- More than 25 R&D centres
- 50 regional headquarters
- Over 220 MedTech start-ups and small-medium enterprises

Source: https://www.edb.gov.sg/en/our-industries/medical-technology.html





Entering the Singapore Market

Key regulatory controls in line with the MD lifecycle





Definition of "Medical Device" (MD) HP Act First Schedule http://sso.agc.gov.sg/

"Medical Device" means

Any instrument, apparatus, implement, machine, appliance, implant, in vitro use, **software**, material or other similar or related article that is **intended by its manufacturer** to be used, whether alone or in combination, **for humans** for one or more of the specific purposes of —

- a) diagnosis, prevention, monitoring, treatment or alleviation of any disease;
- b) diagnosis, monitoring, treatment, alleviation of, or compensation for, an injury;
- c) investigation, replacement, modification, or support of the anatomy or of a physiological process, mainly for medical purposes;
- d) supporting or sustaining life;
- e) control of conception;
- f) disinfection of medical devices; or
- g) providing information by means of in vitro examination of specimens derived from the human body, for medical or diagnostic purposes,

and which does not achieve its primary intended action in or on the human body by pharmacological, immunological or metabolic means, but which may be assisted in its intended function by such means.





Risk Classification

Medical Devices are categorized into 4 risk classes which are aligned with the international rule-based classification system





Inherent Challenges

Ensuring Product Quality

The Internet of Things

Cybersecurity

Regulatory Compliance and Controls



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HSA's Initiatives





HSA's Initiatives





Digital Health Market Size to Grow at Over 25.9% CAGR to Reach \$379bn by 2024





NON-MEDICAL DEVICE





Telehealth Guidelines

1.3 Scope

This document applies to all Telehealth products which include hardware devices, software and mobile applications, specifically on the classification and regulation of such products. It does not cover the practice of Telehealth services as this falls out of HSA's purview.



2) Categorisation



Telehealth Guidelines

Flowchart 1: Is a Telehealth product a Medical Device?



- Remote Surgical Systems that allow doctors to perform surgery on a patient even though they are not physically in the same location.
 Remote patient monitoring device:
 - Software or application that monitors and transfers patient's data to a central viewing station for display and patient monitoring.
- Software or application that displays ECG or other vital signs in remote location as transmitted from patient side for monitoring purpose.
 Mobile medical apps that transform a mobile platform into a regulated medical device.
- Mobile apps that use a sensor or lead that is connected to a mobile platform to measure and display the electrical signal produced by the heart (electrocardiograph or ECG).
- Mobile apps that use an attachment to the mobile platform to measure blood oxygen saturation for diagnosis and monitoring of specific disease or condition.

Flowchart 2: Risk Classification of Telehealth Medical Devices



Class A Medical Device

Examples:

- 1. Software or app that does not measure, analyse or monitor patient parameters and solely displays patient data
- Sensors with mobile app to record tremors in patients with Parkinson's disease and based on a scoring system, feedback to
 doctors to assist in monitoring disease progression.

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Telehealth Guidelines – Clarification Statement

The devices and/or mobile applications are not intended for use in the diagnosis, monitoring, management or treatment of any medical condition or disease. Any health-related information accessed through the devices and/or applications should not be treated as medical advice. Users should seek any medical advice from a physician.



Immediate access for Standalone **Mobile Medical Device application** with at least 1 **Reference Agency** approval (i.e. US, EU, Japan, Canada, Australia)





HSA's Initiatives





Current Cybersecurity Landscape

- Healthcare industry is a major target for cybercriminals who may have malicious intention to cause patient harm and steal private/confidential healthcare data
- Threat landscape is ever-evolving and attacks are getting more sophisticated
- Increased use of wireless, Internet, IoT, and network-connected devices
- The environment where the devices are operating in [hospital vs. community care (home use)]
- Lack of global harmonised approach in regulating MD cybersecurity







To address cybersecurity risk, it has to be a shared responsibility among all the stakeholders which include HCI, MD Manufacturers, Government Agencies and end users to ensure that the MDs are cyber-secure





Cybersecurity requirements to be fulfilled by MD Manufacturers

- Pre-market requirements
 - Secured by design Manufacturers should consider cybersecurity threats and vulnerabilities by incorporating cybersecurity features at the early phase of device development
 - Risk Mitigation Risk management system should be utilised to address any cybersecurity risks
- Post-market requirements
 - Evidence must be provided to demonstrate that they have an on-going plan for surveillance, timely detection and management of the cybersecurity related threats during the useful life of the device





HSA's Initiatives





AI in Healthcare and its Benefits

- Al can bring about the following benefits in healthcare:
 - 1. Faster and more consistent diagnosis/treatment outcomes
 - 2. More efficient allocation of manpower
 - 3. Expanding coverage of healthcare
- Al has potential use-cases throughout healthcare, stretching across 3 broad interfaces:
 - 1. Interactions between patient and healthcare practitioners
 - 2. Pre-/Post-patient interactions with healthcare practitioners
 - 3. Back-end administrative processes of healthcare institutions

Source: AI in Healthcare – Regulatory Challenges and Approaches [For Discussion]



Al in Healthcare: Regulatory Challenges

- AI/Machine Learning performance is dependent on the quality of the learning data set that is used in training the engine
 - Good quality data will improve the performance while poor quality data or inaccurate data may affect the device performance
- AI/Machine Learning, unlike other software, has the ability to continuously learn post-deployment, during use
 - With continuous learning, the performance of the machine learning/AI changes from what it was originally validated
 - May provide a different set of output/result





Al in Healthcare: HSA's Regulatory Approach

• Product life cycle approach







Other Initiatives

- MD Risk Classification Tool
- Pre-Market Consultation and Priority Review Schemes



Medical Device Risk Classification Tool



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HSA Medical Device Risk Classification Tool

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Medical Device Risk Classification Tool

• Results can be saved and printed



Medical dev	ice risk classification tool	
iculture act		
This summary	is for MyMDSoftware	
. What type of medical device	device are you registering? S e	-
. Does the device have a product) that only function levice?	an integral part which is a registrable medicine (therapeutic ons to act on the human body with action ancillary to that of the	
Examples: bone cements wi ancillary action on the woun No	ith antibiotic, wound dressings incorporating antimicrobial agents to provide d	
. The device was manuf O Derivatives of cells	actured from or has incorporated any of the following: s or tissues of human origin, rendered non-viable	
 Cells, tissues or the recombinant origin None of the above 	ieir derivatives of animal origin (rendered non-viable) or n e	
I. What is the intended u	se of the device.	
 Sterilise or disinfe contact lenses 	ct medical devices (including contact lenses), or hydrating	
 Contraceptive or u 	used to prevent the transmission of sexually transmitted diseases	3
✓ None of the above	e	
5. Is the device invasive?		
Νο		
6. Is the device an active Yes	medical device?	
ttps://www-hsa-gov-sg.cwp.sg/medical-de	vvices/registration/visk-classification	12
7. Is the device an <u>active</u> or with the human body, o	HSA Medical device risk classification tool therapeutic device intended to administer or exchange energy to or is a software?	
Yes		
 Considering the nature administration or exchan ncluding exposure to ion 	e, density and site of application of the energy, could the ge of this energy be done in a potentially hazardous manner, ilsing radiation?	
Examples: lung ventilators, l surgical lasers, lithotriptors, Note: The term 'potentially h application.	baby incubators, electrosurgical generators, external pacemakers and defibrillators, therapeutic xray and other sources of ionising radiation nazardous' is in relations to the type of technology involved and the intended	
Νο		
		ו
Your device!	risk classification in Class P	
Examples: muscle stimu dental hand pieces, hea physiotherapy.	a HIPK CLABSHILLALIOH HIS CLABS D lators, Transcutaneous Electro-Neuro Stimulator (TENS) devices, powered ring aids, neonatal phototherapy equipment, ultrasound equipment for	
The risk classification	above is based on GN13 rule 9i.	
	Letter Based on other tale of	
	a your medical device, you may check the registration and	

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• To provide support through the device development lifecycle



WHAN Pre-Market Consultation (PMC) Scheme





Priority Review Scheme

• To provide support through the device development lifecycle









Conclusion: Keeping Up with Innovative Technologies



As a Regulator:

- Patient safety and user safety are paramount consideration
- Be acquainted with the emerging trends in our ecosystem
- Forward-looking and agile
- Strive to constantly improve both technical and regulatory knowledge
- Balance the need for regulation (in ensuring safety and performance) with the need to enable businesses and innovation to grow





